Peking University Third Hospital Transgender Health Meeting

Led by Dr. Bailin Pan, Plastic Surgeon, The Peking University Third Hospital hosted the 3rd Annual Chinese Symposium of Medical Care for Transgender People on November 29, 2019. The conference was attended by twenty-six people from across China and Hong Kong. The purpose of the symposium was to bring activists and health care professionals together to improve to care for transgender individuals throughout China. The invited plenary speaker, Dr. Gail Knudson, delivered an address on WPATH's Global Education Initiative (GEI) and her role as Co-Chair of the GEI Committee. Invited guest speakers included Kasper Wan from the Hong Kong Gender Empowerment Society, and Sachi from the Beijing LGBT Center. Topics included speech therapy and vocal surgery by Dr. Qian Hou from Beijing Friendship Hospital, mental health and psychological support by Prof. Rengang Wu and Prof. Peicheng Hu from Peking University and Xiaolan Di from Beijing Huilongguan Hospital, adolescent care by Sachi from the Beijing LGBT Center, hormone therapy by Dr. Ye Liu from Peking University Third Hospital and surgeries by Dr. Yede Zhao from Shanghai Changhai Hospital and Dr. Xin Yang, and Dr. Bi Li from Peking University Third Hospital. Guided questions were posed after each presentation to address key concerns within topic areas.

One of the main challenges in China is working with families. As China is a collectivist society, parents have much influence as to whether an individual has the right to medically and socially transition. The law in China states that a person must receive approval from direct relatives and obtain a clear criminal record from the local public security office before they are allowed to medically transition. In concert with the Beijing LGBT Center, the Peking University Third Hospital conducted a survey (submitted for publication) of 1304 trans-identified individuals across China and found that medical services for trans individuals were lacking and those individuals who had started hormone therapy had done so on their own, accessing hormones via out-of-country sources. Most individuals who had accessed surgeries also had done so outside of the country.

The providers and community members are planning to develop stronger alliances and work together toward improving access to care for people with transgender identities. WPATH GEI is proud to have helped facilitate this program and is looking forward to future collaborations. The mission of the WPATH GEI is to promote competent comprehensive transgender healthcare globally.

Dr. Knudson would like to take this opportunity to thank Dr. Bailin Pan and the Peking University Third Hospital for the invitation to speak at their conference. In addition, she would like to thank Dr. Lin for excellent translation in addition to being a kind, gracious and attentive host.























